

# HOLOGRAPHIC ASPECTS OF BLACK HOLES

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Lectures at the 27<sup>th</sup> "Sealburg" Summer School

## Outline (revised)

- Lecture 1: Motivation  
Classical preliminaries
- Lecture 2: Black hole thermodynamics
- Lecture 3: Hawking effect
- Lecture 4: Information paradox  
Black hole complementarity

## Classical preliminaries

Action for metric:  $g_{\mu\nu}$   $\leftarrow$  signature  $(-+++)$

$$S = S_{EH} + S_{matter} + S_{maxwell} + \dots$$

$$S_{EH} = \frac{1}{2\ell^2} \int d^4x \sqrt{-g} (R - 2\Lambda)$$

↑  
higher-order terms  
 $R^2, R_{\mu\nu}R^{\mu\nu}, \dots$

Work in  $D=4$ , then  $\ell^2 = 8\pi G_N$  has units of  $(\text{length})^2$

Cosmological constant:  $\Lambda = \begin{cases} 0 & \text{asymptotically flat} \\ -\frac{3}{L^2} & \text{--- AdS} \\ +\frac{3}{l^2} & \text{--- dS} \end{cases}$

Lecture  $S_{\text{matter}}$  unspecified for now.

$$S_{\text{Maxwell}} = -\frac{1}{4e^2} \int d^4x \sqrt{-g} F^2$$

$$F = \partial_\mu A_\nu - \partial_\nu A_\mu \quad \leftarrow \begin{array}{l} \text{gauge potential} \\ A_\mu = (\phi, \vec{A}) \end{array}$$

Note:  $D=2$  toy models (JT, CGHS, ...) are often useful.

⊕ simplified regularization + renormalization

⊕ back-reaction of quantized matter

→ semi-classical gravity

⊖ no local d.o.f.'s, conformally flat, etc.

Vacuum Einstein eq.s ( $F_{\mu\nu} = 0$ )

$$R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R + \Lambda g_{\mu\nu} = 0$$

AdS-Schwarzschild solution:  $\Lambda = -\frac{3}{L^2}$

$$ds^2 = -f_h(r) dt^2 + \frac{dr^2}{f_h(r)} + r^2 ds_k^2$$

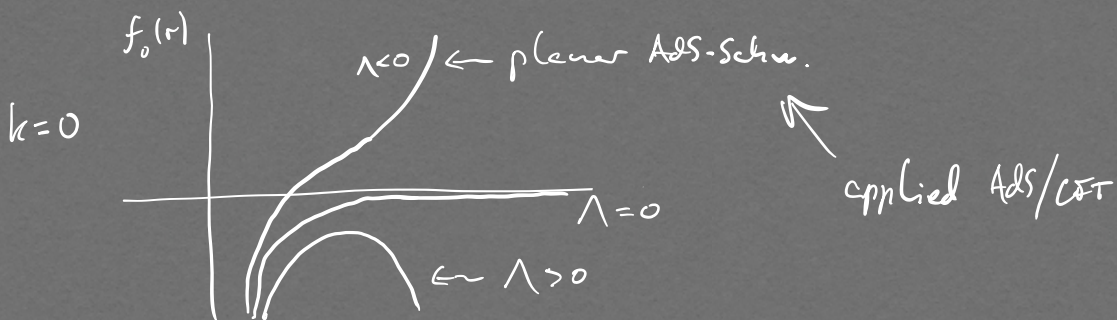
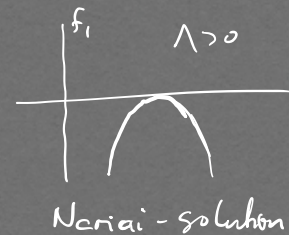
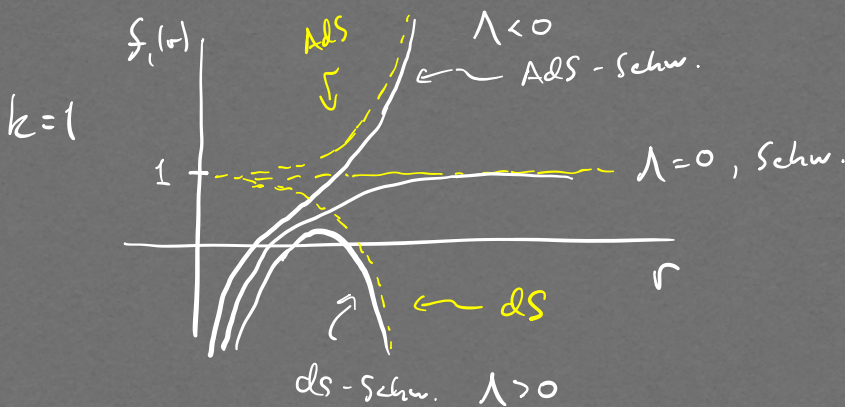
$$f_k(r) = \frac{r^2}{L^2} + k - \frac{2m}{r} \leftarrow \text{b.h. mass}$$

$$k \in \{1, 0, -1\}$$

$$ds_k^2 = \frac{dp^2}{1 - kp^2} + p^2 d\varphi^2 = \begin{cases} d\theta^2 + \sin^2\theta d\varphi^2 & k=+1 \\ dp^2 + p^2 d\varphi^2 & k=0 \\ dX^2 + \sinh^2 X d\varphi^2 & k=-1 \end{cases}$$

Note:  $L \rightarrow \infty$  gives  $\Lambda=0$  Schwarzschild sol.

$L \rightarrow i\ell$  gives  $\Lambda > 0$  dS-Schwarzschild sol.



Add radial electric field:

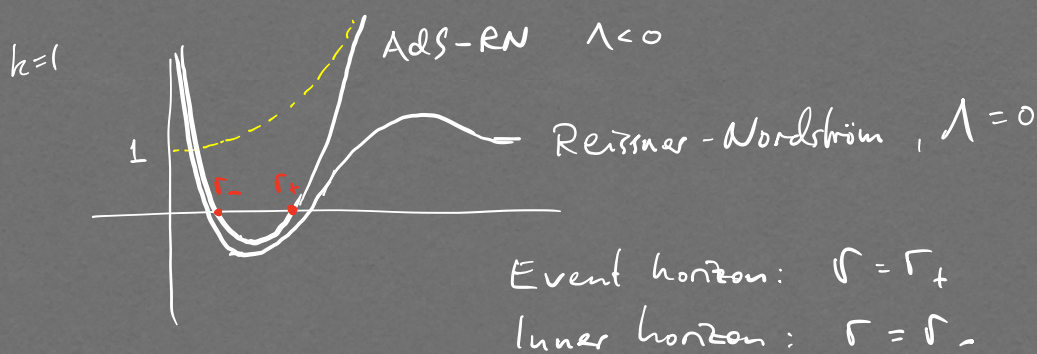
$$A_t = \frac{e}{\mathcal{R}} h(r), \quad A_i = 0$$

charged b.h. solution

$$h(r) = \mu - \frac{Q}{r} \leftarrow \text{b.h. charge}$$

$\uparrow$  chemical potential

$$\boxed{\Lambda < 0} \quad f_k(r) = \frac{r^2}{L^2} + k - \frac{2m}{r} + \frac{Q^2}{r^2}$$



Single valued gauge field at  $r = r_+$

$$h(r_+) = 0 \quad \text{i.e.} \quad \mu = \frac{Q}{r_+}$$

Applied AdS/CFT: Planar AdS-RN solution is dual to boundary QFT with conserved  $U(1)$  charge at finite  $T$  and finite  $\mu$  near a quantum critical point.

Kruskal-Szekeres extension:

$$ds^2 = f_k(r) (-dt^2 + d\sigma_*^2) + r(\sigma_*)^2 dS_k^2$$

tortoise coordinate:  $\sigma_* = \int \frac{dr'}{f_k(r')}$  ← inverse defines  $r(\sigma_*)$

$$f_k(r) = f'_k(r_H) (r - r_H) + \dots \quad \text{as } r \rightarrow r_H$$

$$\rightarrow \sigma_* = \frac{1}{f'_k(r_H)} \log\left(\frac{r}{r_H} - 1\right) + H(r) \quad \uparrow \text{regular at } r=r_H$$

Write  $v = t + r_*$ ,  $u = t - r_*$

→ near-horizon metric takes the form

$$ds^2 \approx f'_k(r_H) (r - r_H) (-dv du) + r_H^2 dS_k^2$$

$$\xi = \frac{1}{2} f'_k(r_H) \quad = 2\xi r_H e^{-2\xi H(r_H)} e^{2\xi r_*} (-dv du) + r_H^2 dS_k^2$$

↑  
surface gravity

$$= 2\xi r_H e^{-2\xi H(r_H)} e^{\xi(v-u)} (-dv du) + r_H^2 dS_k^2$$

$$= \frac{2r_H}{\xi} e^{-2\xi H(r_H)} (-dV dU) + r_H^2 dS_k^2$$

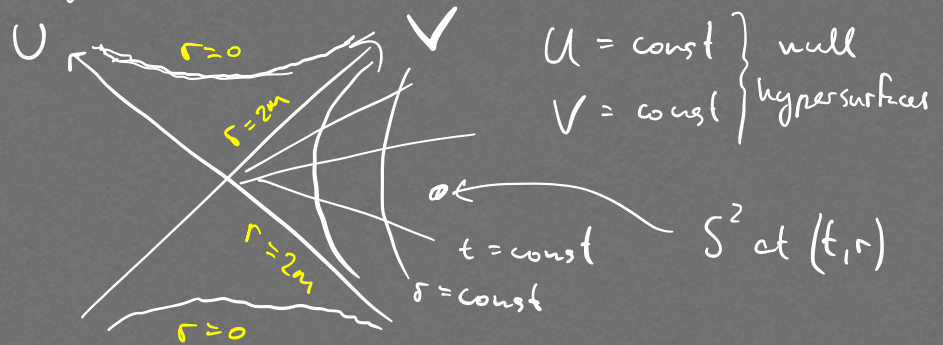
with  $V = e^{\xi v}$ ,  $U = -e^{-\xi u}$  null Kruskal coordinates

$r \rightarrow r_H$  amounts to  $U \rightarrow 0$  or  $V \rightarrow 0$

Metric is non-singular in UV-coordinates

Exercise 1: Work out Kruskal-Szekeres extension for the special case of D=4 Schwarzschild black hole ( $\Lambda=0, k=+1$  with  $f_k(r) = 1 - \frac{2M}{r}$ ) and verify that  $\xi = \frac{1}{4M}$  and  $ds^2 = -\frac{32M^3}{r} e^{-\frac{r}{2M}} dV dU + r^2 d\Omega^2$ .

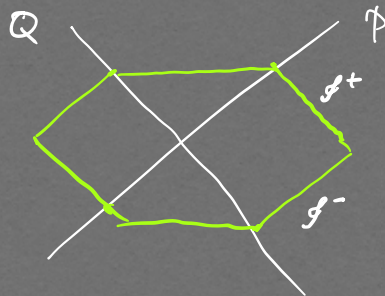
Kruskal - diagram:



It's easy to read off causal relationships

(Carter - Penrose diagram: (conformal diagram))

$$\tan Q = U, \quad \tan P = V$$



$$P \rightarrow \frac{U}{2} \Leftrightarrow V \rightarrow \infty$$

etc..

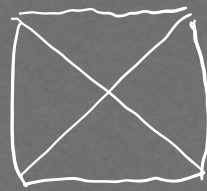
Maximally extended Schwarzschild spacetime

AdS-Schwarzschild solution:  $k=+1$

$$r_* = \int^r \frac{dr'}{\frac{r'^2}{L^2} + 1 - \frac{2m}{r'}} \quad \text{finite as } r \rightarrow \infty$$

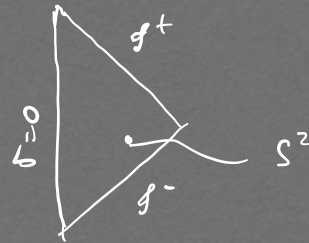
$\rightarrow$  boundary at finite value of  $UV$

Conformal diagram:

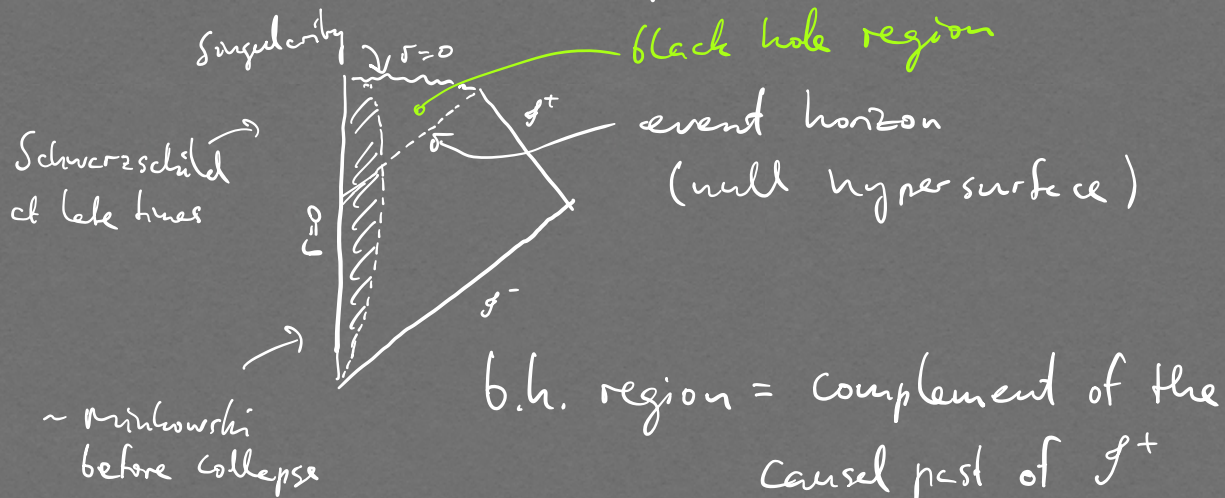


AdS-Schw.

Minkowski spacetime:



Gravitational collapse:



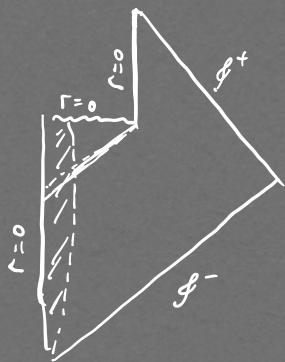
event horizon = boundary of b.h. region

points on event horizon are null or spacelike separated but not timelike separated

Hawking effect (lecture 3)

→ b.h. emits radiation

Back-reaction effect is small if  $M \gg M_{pl}$   
but important on long enough time scales



← semi-classical  
black hole spacetime

Analytic description available in  $D=2$

RST model.



## Black hole thermodynamics

Consider a  $k=1$  RN black hole of mass  $M$  and charge  $Q$  in asymptotically flat ( $\Lambda=0$ ) space time.

B.H. absorbs a particle of mass  $\delta M$  and charge  $\delta Q$

→ event horizon moves to  $r_H + \delta r_H$

$$\begin{aligned} 0 &= f_{M+\delta M, Q+\delta Q}(r_H + \delta r_H) \\ &= 1 - \frac{2(M+\delta M)}{r_H + \delta r_H} + \frac{(Q+\delta Q)^2}{(r_H + \delta r_H)^2} \\ &= \underbrace{f_{M,Q}(r_H)}_{=0} + f'_{M,Q}(r_H) \delta r_H - \frac{2\delta M}{r_H} + \frac{2Q\delta Q}{r_H^2} + O(\delta x)^2 \end{aligned}$$

$$\rightarrow \delta M = \underbrace{\frac{1}{2} f'(r_H)}_{\xi} \underbrace{r_H \delta r_H}_{\frac{1}{8\pi} \delta A_H} + \underbrace{\frac{Q}{r_H}}_{\mu} \delta Q$$

$$\rightarrow \delta M = \frac{\xi}{8\pi} \delta A_H + \mu \delta Q + \Omega \delta J \quad \leftarrow \text{Kerr-Newman}$$

1<sup>st</sup> law of b.h. dynamics

Comparison with  $dE = T dS + \mu dQ + \Omega dJ$

suggests  $T \propto \xi$ ,  $S \propto A_H$

Definition of surface gravity:

Killing vector  $K^\mu$ :

$$K^\mu \nabla_\mu K^\nu = \kappa K^\nu \text{ on Killing horizon}$$

↗  
null hypersurface where the  
norm of  $K^\mu$  vanishes  
(c.f.  $\frac{\partial}{\partial t}$  on event horizon)

0<sup>th</sup> law:  $\kappa$  is constant on event horizon  
of a stationary b.h.

2<sup>nd</sup> law (area theorem):

Null energy condition (NEC)

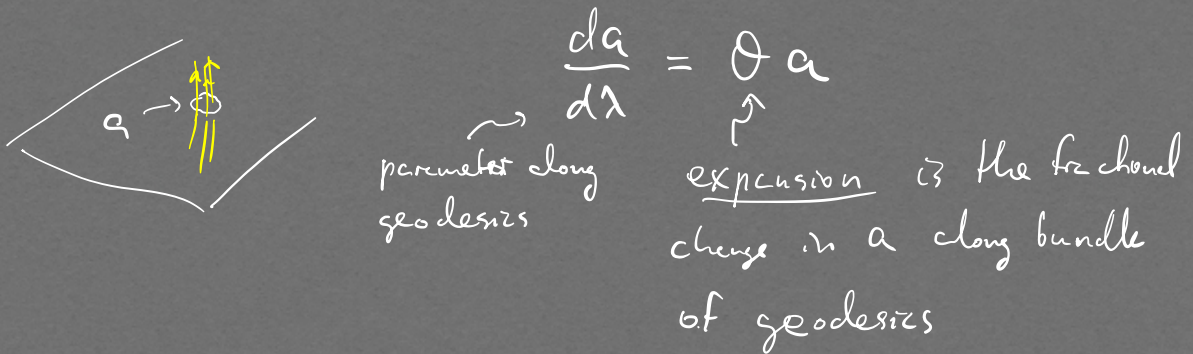
$$T_{\mu\nu} k^\mu k^\nu \geq 0 \text{ for all null } k^\mu$$

↑ matter energy momentum tensor

"For matter satisfying NEC the area of  
spatial cross sections of the event horizon  
is non-decreasing"

Sketch of proof:

Event horizon is generated by null geodesics  
 Consider a patch of a spatial cross section



$$\text{area theorem} \iff \theta \geq 0$$

Raychaudhuri's equation for geodesic deviation

$$\frac{d\theta}{d\lambda} = -\frac{\theta^2}{3} - \underbrace{\sigma_{\mu\nu}\sigma^{\mu\nu}}_{\text{shear}} - R_{\mu\nu}k^\mu k^\nu$$

$$\text{Einstein eq. } R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} + \Lambda g_{\mu\nu} = \kappa^2 T_{\mu\nu}$$

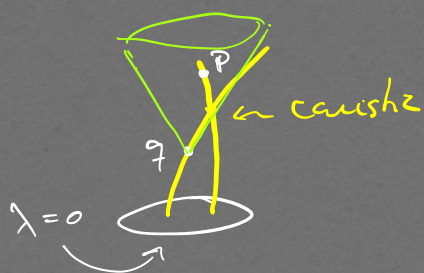
$$\rightarrow R_{\mu\nu}k^\mu k^\nu = \kappa^2 T_{\mu\nu}k^\mu k^\nu \geq 0 \text{ by NEC}$$

$$\text{It follows that } \frac{d\theta}{d\lambda} \leq -\frac{\theta^2}{3} \text{ i.e. } \frac{d}{d\lambda}\left(\frac{1}{\theta}\right) \geq \frac{1}{3}$$

$$\text{If } \theta(\lambda=0) = \theta_0 < 0 \text{ then } \frac{1}{\theta(\lambda)} \geq \frac{1}{\theta_0} + \frac{\lambda}{3} \text{ for all } \lambda > 0$$

$$\text{Then } \frac{1}{\theta} = 0 \text{ for some } \lambda < -\frac{3}{\theta_0} \text{ i.e. } \boxed{\theta \rightarrow -\infty}$$

↗ caustic



$p$  is inside future  
light-cone of  $q$   
but there are no  
time like separated  
events on event horizon.

It follows that  $\Theta \geq 0$  for all  $\lambda$ .

Bekenstein (1977): Thermodynamic  
interpretation of b.h. laws

→ identify  $\xi \propto T$ ,  $A_H \propto S$

Hawking (1975): Black holes emit thermal radiation

$$T_H = \frac{\xi}{2\pi} = \frac{1}{8\pi M} \text{ Schwarzschild}$$

so that  $S_{BH} = \frac{1}{4} A_H \leftarrow$  area in Planck units

Note: Hawking emission leads to  $\frac{dA_H}{d\lambda} < 0$

→ Generalized 2<sup>nd</sup> law including  
the entropy of Hawking radiation

Large black holes ( $M \gg M_{pl}$ ) evolve slowly

Stefan-Boltzmann law:

$$\frac{dM}{dt} \propto -A_H T^4 \sim M^2 \frac{1}{M^4} \quad T = \frac{1}{8\pi M}$$

$$\rightarrow t_f - t_i \propto \int_{M_i}^{M_f} dM M^2 \propto M_i^3 - M_f^3 \approx M_i^3$$

$\uparrow$   
 $O(M_{pl})^3$

Black hole lifetime (Schwarzschild)  $\tau_{b.h.} \propto \left(\frac{M_i}{M_{pl}}\right)^3 t_{pl}$

Putting in numbers  $\tau_{b.h.} \approx 10^{71} \left(\frac{M}{M_\odot}\right)^3$

Parametrically longer than other b.h. time scales:

light-crossing time  $\sim M$

scrambling time  $\sim M \log M$

$\rightarrow$  can work on static background  
if time scales of problem are  $\ll \tau_{b.h.}$

$\rightarrow$  Euclidean approach (to b.h. thermodynamics)

Euclidean AdS-Schw. b.h.

$$ds^2 = f_k(r) d\tilde{t}^2 + \frac{dr^2}{f_k(r)} + r^2 ds_k^2$$

$$f_k(r) = \frac{r^2}{L^2} + k - \frac{2\mu}{r}$$

Obtained from real time solution via  $t \rightarrow i\tilde{t}$

Near-horizon region  $f_k(r) = \underbrace{f'_k(r_H)}_{=2\xi} (r-r_H) + \dots$  as  $r \rightarrow r_H$

write  $r = r_H + \frac{\xi}{2} \rho^2$

$\rightarrow ds^2 = \rho^2 \xi^2 d\tau^2 + d\rho^2 + r_H^2 ds_k^2$  for small  $\rho$

$r=r_H$  is the origin in  $(\rho, \tau)$  plane

Euclidean geometry is smooth if

$\xi \tau$  is the polar angle

$\rightarrow \tau \simeq \tau + \beta$  with  $\beta^{-1} = \frac{\xi}{2\pi}$  Hawking temperature

Note: Proper distance around Euclidean time circle depends on radial position

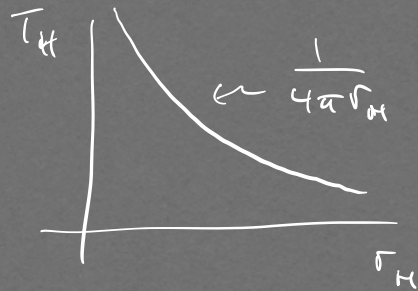
$$\beta(r) = \frac{2\pi}{\xi} \sqrt{f_k(r)}$$

$\rightarrow$  local temperature for fiducial observer

$$T_{\text{fid}}(r) = \frac{T_H}{\sqrt{f_k(r)}} \rightarrow \infty \text{ as } r \rightarrow r_H$$

Tempering to interpret as a b.h. in thermal equilibrium with heat bath but not always possible

$k=1, \Lambda=0$  Schwarzschild solution

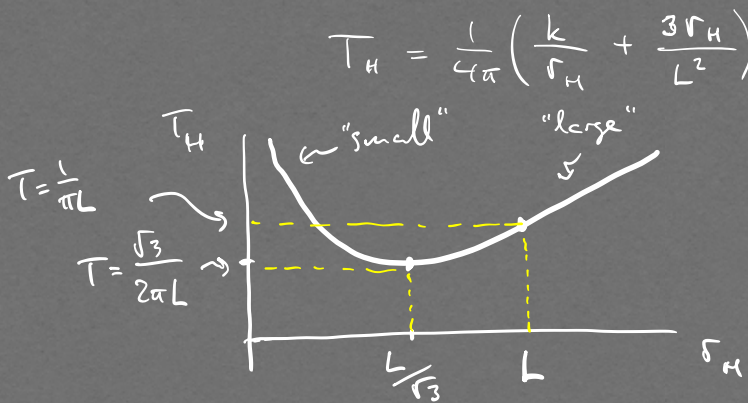


$$C = \frac{dM}{dT} < 0$$

negative specific heat!

Jeans instability - uniform thermal radiation is unstable to gravitational collapse

Situation is better for  $\Lambda < 0$ , AdS-Sch.



Partition function  $Z(\beta) = \int [Dg] e^{-S_E[g]}$

Euclidean path integral is ill defined

Consider a formal classical limit anyway  
and look for Euclidean saddle points  
with period  $\beta$  in  $\hat{t}$

$$\rightarrow Z(\beta) \approx e^{-S_E[g_*]}$$

$\uparrow$  dominant saddle pt.

$$S_E = -\frac{1}{2\kappa^2} \int d^4x \sqrt{g} (R + 6) \quad (*)$$

$\uparrow$  set  $L=1$

Candidate saddle pt's

(1) Euclidean AdS (with  $k=1$ )

$$ds^2 = (r^2 + 1) dt^2 + \frac{dr^2}{r^2 + 1} + r^2 d\Omega^2$$

can have  $\hat{t} \approx \hat{t} + \beta$  with any  $\beta$

(2) Euclidean AdS-Sch.

Both (1) and (2) have the form

$$ds^2 = f(r) dt^2 + \frac{dr^2}{f(r)} + r^2 d\Omega^2$$



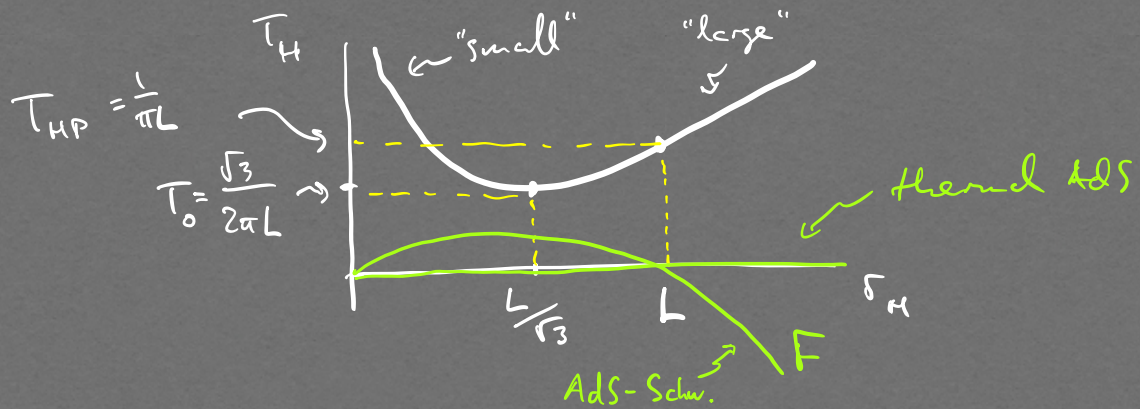


Exercise 2: Verify that divergences cancel in the on-shell action with boundary terms and the free energy has the value  $F = M - TS$

$$F = m - TS$$

$$= \frac{r_H}{4} (k - r_H^2) \quad \leftarrow k=1$$

Hawking-Page transition (with factors of  $L$  reinstated)



$T < T_0$ : thermal AdS is only saddle pt.

$T > T_0$ : thermal AdS    small b.h.    large b.h.

⚡  
 dominates for  $T_0 < T < T_{HP}$      $T > T_{HP}$

## QFT in curved spacetime: (in brief)

Minimally coupled scalar field

$$S_\phi = -\frac{1}{2} \int_M d^4x \sqrt{-g} \left( g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi + m^2 \phi^2 + \frac{1}{6} R \phi^2 \right)$$

Klein-Gordon eq:  $(\square^2 - m^2)\phi = 0$

↑  
for conformal  
coupling

Assume  $M = \mathbb{R} \times \Sigma$  ← Cauchy surfaces and choose local coordinates  $(x^0, \vec{x})$

K-G inner product:  $(f, g) = \int_\Sigma d\Sigma^\mu j_\mu(f, g)$

↑ complex valued fields

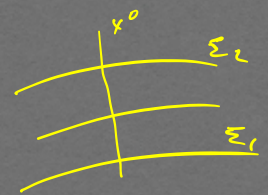
$$d\Sigma^\mu = d^3x \sqrt{|h|} n^\mu$$

↑ ↑ future directed unit normal to  $\Sigma$   
induced metric on  $\Sigma$

$$j_\mu(f, g) = -i \left( f \partial_\mu g^* - (\partial_\mu f) g^* \right)$$

K-G equation  $\rightarrow \nabla^\mu j_\mu = 0$

and it follows that  $(f, g)_{\Sigma_1} = (f, g)_{\Sigma_2}$



One finds  $(f, g)^* = -(f^*, g^*) = (g, f)$  and  $(f, f^*) = 0$

Note: K-G inner product is not positive definite

Mode expansion:  $\phi(x) = \sum_i (a_i u_i(x) + a_i^\dagger u_i^*(x))$

$$(u_i, u_j) = \delta_{ij} \quad (u_i^*, u_j^*) = -\delta_{ij} \quad (u_i, u_j^*) = 0$$

Canonical quantization:  $[a_i, a_j^\dagger] = \delta_{ij}$

Vacuum state:  $a_i |0\rangle = 0 \quad \forall i$

Fock space basis:  $\left\{ \left( \frac{1}{n_1! n_2! \dots} \right)^{1/2} (a_1^\dagger)^{n_1} (a_2^\dagger)^{n_2} \dots |0\rangle \right\}$

Minkowski spacetime:  $M = \mathbb{R}^{1,3}$

$$u_{\vec{k}} = \frac{1}{\sqrt{2\omega(2\pi)^3}} e^{i\vec{k}\cdot\mathbf{x} - i\omega x^0} \quad \left\{ \begin{array}{l} \omega = \sqrt{\vec{k}^2 + m^2} \end{array} \right.$$

$\frac{\partial}{\partial x^0}$  and  $\frac{\partial}{\partial x^i}$  generate symmetries of  $\mathbb{R}^{1,3}$   
(subset of Poincaré transformation)

that leave  $|0\rangle$  invariant.

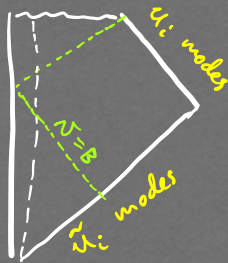
General curved background:

No symmetry, no preferred coordinates

→ choice of positive frequency modes  $u_i$   
is not unique



## Hawking effect:



Scalar field in  $|\tilde{0}\rangle$  state  
for  $\tilde{u}_i$  modes at  $\mathcal{I}^-$

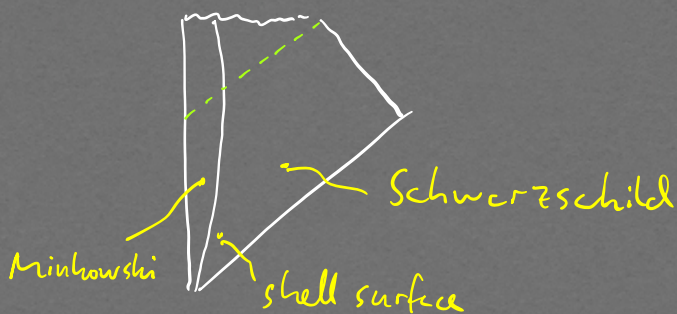
Want to calculate  $\beta_{ij} = -(\hat{u}_i, u_j^*)$

Evolve  $u_i$  mode back from  $\mathcal{I}^+$  to  $\mathcal{I}^-$   
reflecting at  $r=0$  (take  $m=0$  for  
simplicity)

→ only has support for  $N < B$

Main contribution to overlap integral comes  
from  $N \rightarrow B$ , i.e. close to horizon

Collapsing shell model (Birrell & Davies:  
QFT in curved space)



Solve K-G equation  
outside and inside

Match solutions across  
shell

Spherical symmetry:  $u_\omega = \frac{1}{r} R_{\omega l}(r) Y_{lm}(\theta, \phi) e^{-i\omega t}$

Radial equation outside shell ( $m=0$ )

$$\frac{d^2 R_{\omega l}}{dr_*^2} + \left( \omega^2 - \frac{l(l+1)}{r^2} + \frac{2M}{r^3} \right) \left( 1 - \frac{2M}{r} \right) R_{\omega l} = 0$$

Outgoing mode at  $\mathcal{I}^+$ :  $u_\omega \approx \frac{1}{\sqrt{4\pi\omega}} e^{-i\omega u}$   
 $u = t - r_*$

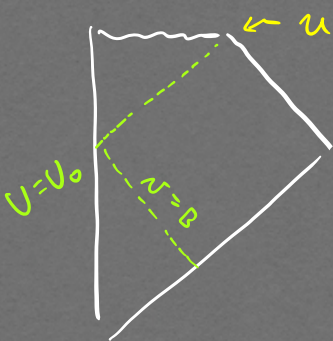
Ingoing mode at  $\mathcal{I}^-$ :  $\tilde{u}_\omega \approx \frac{1}{\sqrt{4\pi\omega}} e^{-i\omega v}$   
 $v = t + r_*$

Matching condition across shell gives

$$U_0 - U = e^{-\frac{\xi}{\kappa} u} \quad \text{for } u \rightarrow \infty \text{ (late times)}$$

$\uparrow$  surface gravity

$$\text{i.e. } u = \frac{1}{\xi} \log(U_0 - U)$$



At  $r=0$  we have  $V=U$

View the outgoing mode as reflection of an ingoing mode

$$u_\omega \propto e^{-i\omega \frac{1}{\xi} \log(U_0 - V)}$$

Assume large shell mass  $M \gg M_{pl}$

→ spacetime curvature outside horizon is small

Note:  $R_{\mu\nu\lambda\sigma} R^{\mu\nu\lambda\sigma} = \frac{48M^2}{r^6} \xrightarrow{r \rightarrow 2M} \frac{3}{4M^4}$

Then  $V = r + \text{const}$  and  $u_\omega \propto \begin{cases} e^{-\frac{i\omega}{\epsilon} \log\left(\frac{B-r}{A}\right)} & r < B \\ 0 & r > B \end{cases}$

with  $B$  and  $A$  constants

Finally, evaluate overlap integral on a Cauchy surface near  $\mathcal{I}^-$ :

$$\beta_{\omega'\omega} = -(\tilde{u}_{\omega'}, u_\omega^*) \left\{ \begin{aligned} \tilde{u}_{\omega'} &= \frac{1}{\sqrt{4\pi\omega'}} e^{-i\omega'N} \\ u_\omega &= \frac{1}{\sqrt{4\pi\omega}} e^{-\frac{i\omega}{\epsilon} \log\left(\frac{B-r}{A}\right)} \end{aligned} \right.$$

$$= \frac{1}{2\pi} \sqrt{\frac{\omega'}{\omega}} \int_{-\infty}^B dr e^{-i\omega'N} \left(\frac{B-r}{A}\right)^{i\omega/\epsilon}$$

exercise ↙ phase factor

$$= \frac{e^{i\pi}}{2\pi \sqrt{\omega\omega'}} e^{-\frac{\pi}{2} \frac{\omega}{\epsilon}} \Gamma\left(1 + \frac{i\omega}{\epsilon}\right) (*)$$



$$\rightarrow |\beta_{\omega'\omega}|^2 = \frac{e^{-\pi\omega/\xi}}{4\pi^2\omega\omega'} \left| \Gamma\left(1 + \frac{i\omega}{\xi}\right) \right|^2$$

$$\vdots$$

$$= \frac{1}{2\pi\xi\omega'} \frac{1}{e^{\frac{2\pi\omega}{\xi}} - 1} \quad (**)$$

Exercise 4:

Starting from the overlap integral for  $\beta_{\omega\omega'}$   
 derive  $(*)$  and  $(**)$

Notes: (1)  $T_H = \frac{\xi}{2\pi} = \frac{1}{8\pi M} = 6 \cdot 10^{-8} \text{K} \left( \frac{M_\odot}{M} \right)$

(2)  $\int d\omega' |\beta_{\omega'\omega}|^2$  is log divergent!

→ back-rection, b.h. evaporates

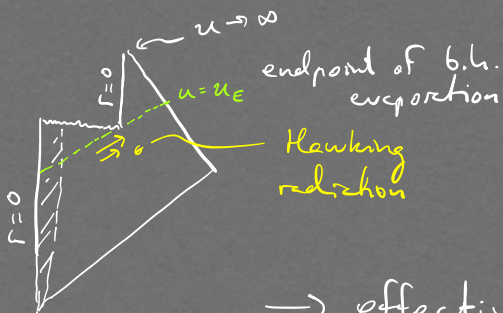
(3) Dominant contribution to overlap integral comes from  $u \rightarrow \infty$  region very close to event horizon

→ trans-Planckian modes

Addressed by infalling lattice model of Corley and Jacobson (1997)

- ④ Correction to spectrum due to mode propagation in Schwarzschild geometry outside b.h.  
 → gray body factors
- ⑤ See Hawking's 1975 CMP paper for additional subtleties of calculation
- ⑥ QFT on maximally extended Schwarzschild spacetime (eternal b.h.)
- elegant mathematical formulation
  - results depend on choice of vacuum (Boulware, Unruh, Hartle-Hawking)
  - HH vacuum appears to observers outside b.h. as a mixed state described by a thermal density matrix at  $T = T_H$

Semi-classical b.h. evolution:



Want to describe evolution of matter + geometry including back-reaction effects

→ effective field theory (EFT)

$$S = S_{EH} + S_{matter} + \int d^4x \sqrt{-g} \left[ c_1 R^2 + c_2 R_{\mu\nu} R^{\mu\nu} + \dots + \frac{d_1}{\Omega^2} R^2 + \dots \right]$$

$\Omega$  is a UV cutoff scale below which EFT is valid

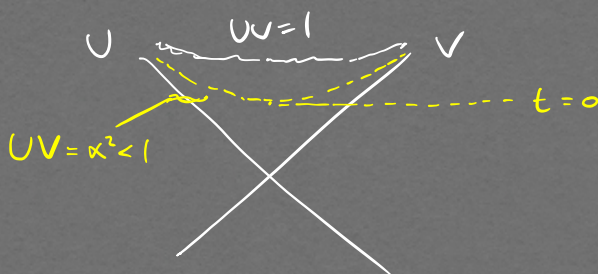
All terms consistent with symmetries and locality are included in EFT action  
 Expect higher order terms to be suppressed  
 as long as  $|\mathcal{R}_{\mu\nu\lambda\sigma}| \ll \Lambda^2$

Example: Schw. b.h. w.  $M = M_\odot$   
 and  $\Lambda = 1 \text{ TeV}$

$$\rightarrow \frac{\mathcal{R}_{\mu\nu\lambda\sigma} \mathcal{R}^{\mu\nu\lambda\sigma}}{\Lambda^4} \approx 10^{-44} \text{ at event horizon}$$

The extrinsic curvature of all Cauchy surfaces  
 must also remain small compared to cutoff scale  
 $\rightarrow$  nice slices

Simple construction for eternal Schw. b.h.  
 in Kruskal-Szekeres coordinates:



$t=0$  slice:

$$UV = \alpha^2 < 1 \text{ if } V < U$$

$$U+V = 2\alpha \text{ if } U > V$$

(smooth the join at  $U=V$ )

$$t \neq 0 \text{ slices: } UV = \alpha^2 \text{ if } V < e^{\frac{t}{2m}} U$$

$$e^{\frac{t}{4m}} U + e^{-\frac{t}{4m}} V = 2\alpha \text{ if } V > e^{\frac{t}{2m}} U$$

3-momentum of infalling particle that starts at rest outside b.h. remains small in local rest frame of nice slice

Note: The 3-momentum diverges in Schwarzschild as  $r \rightarrow 2M$

Nice slice Hamiltonian

$$i \frac{\partial}{\partial t_{NS}} |\psi\rangle = H_{NS} |\psi\rangle$$

$H_{NS}$  is time dependent near b.h.

→ particle production at  $O\left(\frac{M_{pl}^2}{M}\right)$  energies

→ Hawking radiation

Formulation of the information paradox implicitly assumes existence of nice slices and validity of local EFT.